### ****Course Syllabus: “Этика және эстетика”****

**Duration:** 36 academic hours  
**Format:** In-person / blended (in-person and distance learning)  
**Target Audience:** Retirees  
**Language of Instruction:** Kazakh

### ****Module 1. Basics of Ethics**** (8 hours theory + 4 hours practice)

* The concept of ethics. Morality and ethics.
* Ethical values in modern society.
* Ethical norms in family and intergenerational communication.

**Practice:**

* Analysis of real-life ethical dilemmas.
* Role-play: "Generation Conflict" and ways to ethically resolve it.
* Discussion of personal experiences in handling moral situations.

### ****Module 2. Aesthetics of Everyday Life**** (8 hours theory + 4 hours practice)

* The concept of aesthetics and beauty.
* Aesthetics of appearance, communication, and environment.

**Practice:**

* Style master class (clothing, hairstyle, grooming).
* Practical work on aesthetic organization of personal space (home, workspace).
* Group work: how aesthetics influence mood and self-esteem.

### ****Module 3. Ethics and Aesthetics in Culture and Art**** (8 hours theory + 4 hours practice)

* Art as a vehicle for ethical and aesthetic ideas.
* Aesthetics and morality in traditions and imagery.

**Practice:**

* Watching and discussing a film with ethical-aesthetic content.
* Excursion or virtual visit to a museum/gallery.
* Creative workshop: creating a collage titled “The Beauty of My Life.”

### ****Final Session (4 hours)****

* Summary of the course content.
* Discussion of personal changes and discoveries.
* Mini-project presentation: “My Path to Harmony: Ethics and Aesthetics in My Life.”
* Certificate awarding.

### ****3. Teaching Methods****

* Interactive lectures and discussions
* Group work and brainstorming
* Role-playing and creative tasks
* Video viewings and discussions
* Practicums, master classes, excursions

### ****4. Expected Learning Outcomes****

**In the area of knowledge and understanding:**

* Understand the concepts of ethics and aesthetics and their interconnection;
* Recognize the role of moral values in society;
* Understand the impact of beauty on a person’s inner state.

**In the area of skills and competencies:**

* Apply ethical principles in practice;
* Develop communication and self-presentation culture;
* Adopt an aesthetic approach to everyday life.

**In the personal and emotional domain:**

* Strive for inner harmony and self-respect;
* Develop empathy and kindness;
* Learn to see and create beauty in their surroundings.

### ****5. Assessment Format and Criteria****

**Final assessment format:**  
**Creative mini-project**: “My Path to Harmony: Ethics and Aesthetics in My Life”

**Assessment criteria:**

1. **Content** – reflection of key course topics, understanding of ethics and aesthetics concepts.
2. **Personal involvement** – presence of reflection, personal experience, individual perspective.
3. **Creative presentation** – visual aesthetics, originality (e.g., collage, story, photo album, etc.).
4. **Project presentation participation** – clarity, friendliness, openness in expressing thoughts.

**Formative assessment** may also be conducted throughout the course via participation in practices, discussions, and master classes.