### ****Course Curriculum: "Home-Based Education and Childcare (Governess Training)"****

**Course Goal:** To prepare retirees for the role of a governess, teach them child-rearing and education methods for different age groups, and help them adapt to modern educational standards.  
**Duration:** 72 hours  
**Format:** In-person/online, lectures + practical training  
**Target Audience:** Retirees who wish to acquire governess skills for working with children in a family setting

### ****Module 1: Introduction to the Governess Profession (6 hours)****

📌 **Theory:**  
• Who is a governess? Role and responsibilities in a family  
• The importance of continuous education for a child  
• Key developmental stages of children  
• Psychological aspects of working with children

📌 **Practice:**  
• Self-assessment of personal qualities and skills required for a governess  
• Case studies (pros and cons of working as a governess)

### ****Module 2: Child Psychology (12 hours)****

📌 **Theory:**  
• Psychology of children of different ages (3 to 16 years)  
• Emotional intelligence and managing children's emotions  
• Causes of problematic behavior and correction methods  
• Individual approach to education and upbringing

📌 **Practice:**  
• Analysis of common communication situations with children  
• Role-playing exercises: how to respond to tantrums, resentment, and aggression

### ****Module 3: Basics of Pedagogy and Teaching Methods (15 hours)****

📌 **Theory:**  
• Teaching methods for preschoolers, elementary school children, and teenagers  
• Developing self-learning skills in children  
• Gamification and creative approaches in teaching  
• Modern educational programs and their features

📌 **Practice:**  
• Developing a study plan for children of different ages  
• Conducting a trial lesson on a chosen topic

### ****Module 4: Speech Development and Literacy (6 hours)****

📌 **Theory:**  
• Developing reading and writing skills in children  
• How to encourage a love for books?  
• Methods for working with children who have speech difficulties

📌 **Practice:**  
• Reading and discussing children's books  
• Creating developmental exercises

### ****Module 5: Mathematics and Logical Thinking Through Games (6 hours)****

📌 **Theory:**  
• How to make math interesting?  
• Developing logical thinking in children  
• Using board games and puzzles

📌 **Practice:**  
• Solving math problems using different methods  
• Conducting a lesson in a game format

### ****Module 6: English and Other Foreign Languages (6 hours)****

📌 **Theory:**  
• Key language learning methods for children  
• The role of language immersion  
• Using songs, games, and cartoons for language learning

📌 **Practice:**  
• Review of popular children's learning materials in English  
• Designing a language-learning game lesson

### ****Module 7: Developing Creativity (6 hours)****

📌 **Theory:**  
• The importance of creativity in child development  
• Music, drawing, and crafts: how to engage a child?  
• Simple ways to boost imagination

📌 **Practice:**  
• Conducting a creative workshop  
• Developing an individual creative development plan

### ****Module 8: Physical Development and Child Health (6 hours)****

📌 **Theory:**  
• The importance of physical activity in childhood  
• Basics of child safety at home and outdoors  
• First aid for injuries and illnesses

📌 **Practice:**  
• Simple exercises for motor skill development  
• First aid simulation exercises

### ****Module 9: Ethics and Professional Conduct of a Governess (6 hours)****

📌 **Theory:**  
• Professional ethics of a governess  
• Interaction with parents: setting boundaries of responsibility  
• Conflict resolution and problem-solving

📌 **Practice:**  
• Business role-play: building relationships with families  
• Analysis of complex situations in a governess’s work

### ****Module 10: Final Assessment (3 hours)****

📌 **Practice:**  
• Presentation of an individual learning plan  
• Conducting a trial lesson  
• Final testing

### ****Course Outcomes:****

✅ Mastering child education and childcare methods  
✅ Ability to adapt to the child’s age-specific needs  
✅ Skills in organizing the learning process at home  
✅ Readiness to work with children of different ages in a family setting

This course will help retirees master the highly demanded profession of a governess, allowing them to apply their knowledge and life experience to raising and educating children!