### ****Course Curriculum: "Home-Based Education and Childcare (Governess Training)"****

**Course Goal:** To prepare retirees for the role of a governess, teach them child-rearing and education methods for different age groups, and help them adapt to modern educational standards.
**Duration:** 72 hours
**Format:** In-person/online, lectures + practical training
**Target Audience:** Retirees who wish to acquire governess skills for working with children in a family setting

### ****Module 1: Introduction to the Governess Profession (6 hours)****

📌 **Theory:**
• Who is a governess? Role and responsibilities in a family
• The importance of continuous education for a child
• Key developmental stages of children
• Psychological aspects of working with children

📌 **Practice:**
• Self-assessment of personal qualities and skills required for a governess
• Case studies (pros and cons of working as a governess)

### ****Module 2: Child Psychology (12 hours)****

📌 **Theory:**
• Psychology of children of different ages (3 to 16 years)
• Emotional intelligence and managing children's emotions
• Causes of problematic behavior and correction methods
• Individual approach to education and upbringing

📌 **Practice:**
• Analysis of common communication situations with children
• Role-playing exercises: how to respond to tantrums, resentment, and aggression

### ****Module 3: Basics of Pedagogy and Teaching Methods (15 hours)****

📌 **Theory:**
• Teaching methods for preschoolers, elementary school children, and teenagers
• Developing self-learning skills in children
• Gamification and creative approaches in teaching
• Modern educational programs and their features

📌 **Practice:**
• Developing a study plan for children of different ages
• Conducting a trial lesson on a chosen topic

### ****Module 4: Speech Development and Literacy (6 hours)****

📌 **Theory:**
• Developing reading and writing skills in children
• How to encourage a love for books?
• Methods for working with children who have speech difficulties

📌 **Practice:**
• Reading and discussing children's books
• Creating developmental exercises

### ****Module 5: Mathematics and Logical Thinking Through Games (6 hours)****

📌 **Theory:**
• How to make math interesting?
• Developing logical thinking in children
• Using board games and puzzles

📌 **Practice:**
• Solving math problems using different methods
• Conducting a lesson in a game format

### ****Module 6: English and Other Foreign Languages (6 hours)****

📌 **Theory:**
• Key language learning methods for children
• The role of language immersion
• Using songs, games, and cartoons for language learning

📌 **Practice:**
• Review of popular children's learning materials in English
• Designing a language-learning game lesson

### ****Module 7: Developing Creativity (6 hours)****

📌 **Theory:**
• The importance of creativity in child development
• Music, drawing, and crafts: how to engage a child?
• Simple ways to boost imagination

📌 **Practice:**
• Conducting a creative workshop
• Developing an individual creative development plan

### ****Module 8: Physical Development and Child Health (6 hours)****

📌 **Theory:**
• The importance of physical activity in childhood
• Basics of child safety at home and outdoors
• First aid for injuries and illnesses

📌 **Practice:**
• Simple exercises for motor skill development
• First aid simulation exercises

### ****Module 9: Ethics and Professional Conduct of a Governess (6 hours)****

📌 **Theory:**
• Professional ethics of a governess
• Interaction with parents: setting boundaries of responsibility
• Conflict resolution and problem-solving

📌 **Practice:**
• Business role-play: building relationships with families
• Analysis of complex situations in a governess’s work

### ****Module 10: Final Assessment (3 hours)****

📌 **Practice:**
• Presentation of an individual learning plan
• Conducting a trial lesson
• Final testing

### ****Course Outcomes:****

✅ Mastering child education and childcare methods
✅ Ability to adapt to the child’s age-specific needs
✅ Skills in organizing the learning process at home
✅ Readiness to work with children of different ages in a family setting

This course will help retirees master the highly demanded profession of a governess, allowing them to apply their knowledge and life experience to raising and educating children!